

Volume 3, Issue 4

May 2026



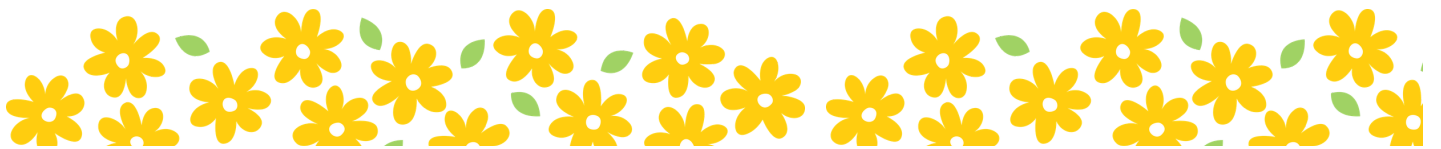
# ELLIOTT EXPRESS



## *Mission Statement*

*Quality choices in a caring and inclusive, home-like community.  
A tradition of promoting dignity and independence  
for those we serve and their families.*

## Garden Planting Day



We are looking for some volunteers to assist with our garden planting day (Taking place on Wednesday May 20<sup>th</sup> in the afternoon 1:00-4:00pm)

If you are interested in helping, please speak with any of the Recreation team members or email Michelle at [volunteer@elliottcommunity.org](mailto:volunteer@elliottcommunity.org)





# MAY OUTINGS

**Boathouse Ice Cream & Scenic Tour Outing**

**Tuesday May 5<sup>th</sup> Leaving at 1:30pm**

**Cost is \$10 including transportation  
plus spending money**



**Shopping at Stone Road Mall**

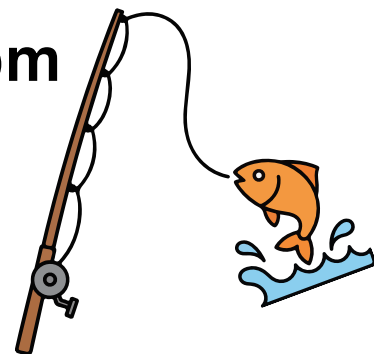
**Tuesday May 12<sup>th</sup> Leaving at 9:30am**

**Cost is \$10 transportation plus spending money**

**Guelph Lake Fishing Outing**

**Monday May 25<sup>th</sup> Leaving at 1:30pm**

**Cost is \$10 transportation  
plus cost of park admission**



*All outings require sign-up through Recreation. Please note that spots are limited, so while we strive to accommodate all requests, availability is not guaranteed.*

# May Community Centre/Chapel Programs & Events

Saturday May 2<sup>nd</sup> at 2:00pm

Guelph Chinese Evergreen Program



Saturday May 9<sup>th</sup> at 2:00pm

Mother's Day Tea with LYNs Piano Duet

Monday May 11<sup>th</sup> at 2:00pm

International Women's Day Presentation with Cindy  
McMann (Rescheduled from March)

Monday May 11<sup>th</sup> at 6:30pm

Happy Hour & Classical Piano Concert  
with Connor (Cafe)



Thursday May 14<sup>th</sup> at 2:00 p.m.

Birthday Party with Rob Edlefsen



Tuesday May 19<sup>th</sup> at 2:00pm

Happy Hour with Bob MacLean

Wednesday May 20<sup>th</sup> - 1:00-4:00pm

Garden Planting Day in the Back Courtyard !

Saturday May 23<sup>rd</sup> at 2:00pm

Guelph Chamber Choir SingOUT Performance

Wednesday May 27<sup>th</sup> at 2:00pm

Accordion with Gary

Saturday May 30<sup>th</sup> at 2:00pm

Spring Music Recital



# May Chapel Spiritual Programs



Wednesday May 13<sup>th</sup> at 10:00am

St. Andrew's Chapel Service

Wednesday May 20<sup>th</sup> at 10:00am

Roman Catholic Mass

Wednesday May 27<sup>th</sup> at 10:00am

St. George's Chapel Service



# Working on our Wings

## Updates on The Butterfly Approach for Residents and Families



The Elliott Community is the first long-term care home in Guelph accredited in The Butterfly Approach, an innovative, person-centred and emotion-focused model of care. The Wellington, Fountain and Edinburgh home areas. The Butterfly Approach is in progress on the Eramosa and Paisley home areas. The Elliott Community is working towards accreditation in all long-term care home areas in 2026.

### **Family Council presents Butterfly Information and Education for Families**

**Thursday, May 21 at 1:30 p.m.**

Following the Family Council meeting, join Lindsay Marinovic, Resident Experience Lead to learn more about the key principles of The Butterfly Approach, what makes it special and how family members and visitors can connect and engage as active partners in our Butterfly Community. All family members are invited to attend.

### **Themed walls and Destinations**

Thank you to everyone who has provided their ideas and suggestions to fill the spaces and places in the Eramosa and Paisley Home areas with engaging artwork and items. We are working on bringing these ideas to life and hope you are enjoying the progress! We are looking for a few items for donation. If you have any of these to contribute, please let us know:

- Gently used baby blankets and baby clothes
- Small wooden baby crib or cradle
- High chair
- Travel photos or post cards
- Photos of pets
- Gently used high heeled shoes
- Ladies hats, scarves and costume jewelry
- Vinyl records

Thank you for your contributions. Please note that any donated items must be assessed for safety before we are able to accept.

*If you have questions or ideas regarding The Butterfly Approach, please contact Lindsay Marinovic, Resident Experience Lead at 519-822-0491 ext. 2110 or LMarinovic@elliottcommunity.org*

# INFECTION CONTROL & PREVENTION UPDATE

## Spring COVID-19 Vaccination: Protecting Our Community

As we move into spring, COVID-19 continues to circulate in the community. In long-term care, staying up to date with vaccinations remains one of the most effective ways to protect our residents, staff, and visitors from serious illness. Our Spring COVID-19 Vaccination Campaign is an important opportunity to boost protection, reduce outbreaks, and keep our home safe for residents, staff, and families.

## Why Get the COVID-19 Vaccine This Spring?

Residents in long-term care often have weakened immune systems and underlying health conditions, making them more vulnerable. Over time, protection from previous vaccines or infection can decrease.

Vaccination helps to:

- ✓ Reduce the risk of severe illness, hospitalization, and complications
- ✓ Protect older adults and those with chronic conditions
  - ✓ Decrease the chance of outbreaks in the home
  - ✓ Support safe visits and activities for residents

# INFECTION CONTROL & PREVENTION UPDATE

## Vaccination + IPAC = Strong Protection

Vaccination works best when combined with everyday infection prevention practices:

- ✓ Clean your hands often
- ✓ Stay home if you feel unwell
- ✓ Follow posted precautions
- ✓ Wear a mask if required or if you have mild symptoms

Clinic dates and times will be shared once confirmed. Please watch for updates and communications from the home.

IPAC Myth-Buster: “I had COVID-19, so I don’t need the vaccine.”

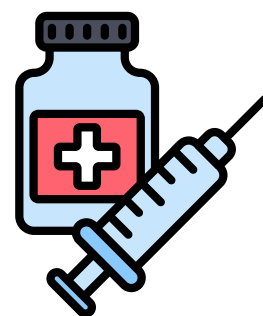
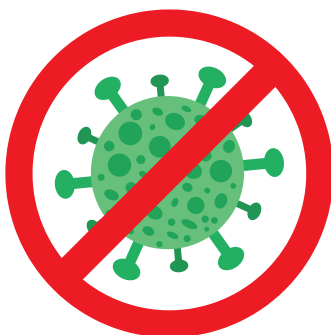
✗ Myth: Previous infection provides enough protection.

✓ Fact: Immunity from infection decreases over time.

Vaccination helps boost and extend protection, especially for those at higher risk.

## May Takeaway

Staying up to date with your COVID-19 vaccination is a simple step that makes a big difference. Together, we can continue to protect our long-term care community and enjoy a healthy spring.

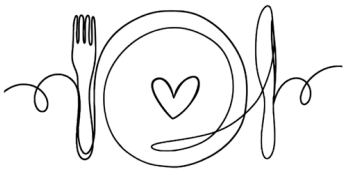




# General Store Hours of Operation

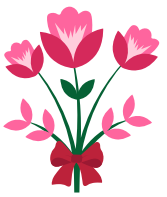
	<b>Morning</b>	<b>Afternoon</b>
<b>Monday</b>	<b>9:30-11:30am</b>	<b>Closed</b>
<b>Tuesday</b>	<b>Closed</b>	<b>1:30-3:30pm</b>
<b>Wednesday</b>	<b>9:30-12:30pm</b>	<b>12:30-3:30pm</b>
<b>Thursday</b>	<b>9:30-12:30pm</b>	<b>12:30-2:00pm</b>
<b>Friday</b>	<b>9:30 - 12:00pm</b>	<b>Closed</b>
<b>Saturday</b>	<b>Closed</b>	<b>Closed</b>
<b>Sunday</b>	<b>Closed</b>	<b>Closed</b>

Thank you for your business!



**THE HUB**  
BALNAR FAMILY FOUNDATION  
COMMUNITY CAFÉ

# MAY SPECIALS MENU



MONDAY	WEDNESDAY	THURSDAY	FRIDAY
			1
	<b>HAPPY Mother's Day</b>		Fried Fish & Shrimp Platter with Fries or Onion Rings \$14
4	6	7	8
Happy Hour & Trivia 6:30-7:30pm	Chicken Dinner with Mashed Potatoes and Veg \$14	Happy Hour & BINGO 6:30-7:30pm	12" Pizza \$12 
11	13	14	15
Happy Hour & Classical Music Concert with Connor 6:30-7:30pm	Taco Salad \$12 	Happy Hour & BINGO 6:30-7:30pm	Chicken Burger with Fries or Salad \$12 
18	20	21	22
Happy Hour & Trivia 6:30-7:30pm	Chinese Plate with Springrolls \$14 	Happy Hour & BINGO 6:30-7:30pm	BBQ on the Patio with Assorted Salads \$12 
25	27	28	29
Happy Hour & Trivia 6:30-7:30pm	Chicken Caesar Wrap with Fries \$12 	Happy Hour & BINGO 6:30-7:30pm	Fish & Chips \$14 

**Wednesdays & Fridays:  
11:00am-2:00pm Lunch**

**Monday and Thursdays-  
Happy Hour 6:30-7:30pm  
\$5.00/alcoholic drink (1 drink maximum)**